

# NEWQUAY ROWING CLUB – LOCAL/CUP RACES 2021

## MAY

Wed 19	Ladies - MICK CHEGWIDDEN	7pm
Thurs 20	Men's - DAVEY CUP	7pm
Thurs 27	Men's - WHITEHOUSE Straight	7pm

## JUNE

Wed 9	Ladies - WHITE ROSE	7pm
Thurs 10	Men's - GARDENER POWELL	7pm
Wed 23	Ladies - GEOFF PEARCE (Newquay, Padstow & Port Isaac)	7:30pm
Thur 24	Men's - MORELAND TROPHY	7pm

## JULY

Sun 4	CHILDRENS HOSPICE SW (Mixed)	tbc
Wed 7	Ladies - EGLINTON ROSE BOWL	7pm
Fri 9	Men's - BULLER	7.30pm
Sun 11	Mixed - KENNEDY MEMORIAL	7pm
Wed 14	Ladies - HEADLAND CUP	7pm
Thur 15	Men's - FC WEST	7pm
Sun 25	Men's - ATKINSON TROPHY	7.15pm
Mon 26	Reserve Atkinson	8pm
Tues 27	Juniors - TIM PASCOE MEMORIAL	6:30pm
Fri 30	Men's - WALKER CUP	7pm

Please note all dates/races may still subject to change, government advice and current Covid restrictions, please check the Rowing Club Facebook pages for updates

## AUGUST

Sun 1	<i>Silver Crews</i>	
Fri 6	Men's - INSTITUTE SHIELD	7pm
Sun 8	Men's - NEIL MOFFATT MEMORIAL	7pm
Tues 10	Juniors - HARBOUR RATS	6:30pm
Wed 11	Ladies - KAREN ELIZABETH	7pm
Sat 21	Juniors - SILVER PADDLE	5pm
Sat 21	Ladies - SILVER SALVER	6pm
Sat 21	Men's - SILVER GIG	7pm
Sun 22	U14 & U15 Championships Hayle	
Sun 22	Mixed Vets - ST GEORGE'S CUP	7pm
Sun 29	CENTENERY/DOVE CELEBRATION	TBC

## SEPTEMBER

4-5	LADIES COUNTY CHAMPIONSHIPS	
Mon 6	Ladies - GABRIELLE FLASK (Novice)	6:30pm
Mon 6	Men's - PETE JULIAN (Novice)	6.30pm
	<i>Novices will be mixed if not enough for 2 races</i>	
Tues 7	Juniors - BASS SHIELD	6:30pm
11-12	FISH FESTIVAL	
11-12	LADIES VISIT SCILLY	
18-19	MEN'S COUNTY CHAMPIONSHIPS	
Tues 21	Juniors End of Season Party (time tbc)	5/6pm
25-26	MEN'S VISIT SCILLY	

## OCTOBER

2-3 Oct	Reserve County Championships	
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**Mondays:** Novice Rowing (Mixed) 6pm to 7pm  
**£3 a session for non-members**  
 Mixed Race 7pm

**Tuesdays:** Junior Rowing (Mixed) 5:45pm to 7:15pm  
**£10 Annual Junior Membership**

**Wednesdays:** Junior Rep Rowing 5pm  
 Intermediate Rowing 6pm  
 Ladies Local Race 7pm

**Thursdays:** Intermediate Rowing 6pm  
 Men's Local Race 7pm

Local & Cup Races are open to rowing members (see FB for start dates). Novices can have one trial race before paying rowing membership (**£90 including social membership & £25 students**). Please sign your name up in the gig shed no later than 15 minutes before the race. *Please note that some cup races are picked in advance please see noticeboard.*

**See Newquay Rowing Club website or 'like' our Facebook page for news & updates.**

### Care and use of the Gigs

1. Gigs should be lifted by the gunnels & not dragged down the beach.
2. You should never step into a gig unless it is properly afloat as this can damage it.
3. Please approach the beach slowly because hitting the beach at speed can damage the gigs.
4. Pins should be removed on the beach & when pulling the gigs up the beach, you should hold onto the gunnels & never push on a pin.
5. Remove the bung coming up the beach, drain & sponge out before putting away.
6. When putting the gigs away, the boat should be lifted onto the ground, supports should be slid in under the bow & midships & 2 trigs should be slid under each side so that the gig is even keel.
7. Please check seat pillars are in place before sitting down & these should not be removed to fit stretchers.